



# Calcium Plus

HEALTHY BONE SUPPORT FOR WOMEN



60 count  
Tablets

## BENEFITS

- Helps manage the risk of Osteoporosis
- Helps manage bone mineral density
- Helps reduce the risk of fractures

# Calcium Plus

**Suggested Dosage:**  
 Menopausal Woman: 1 Tablet  
 twice a day after meal or as directed  
 by physician / pharmacist

As women age, the body undergoes many changes and the major concern is the depletion of estrogen levels after the age of approximately 40 years, as women approach menopause. Studies indicate the decline in estrogen levels puts women at an increased risk for declining bone density and fractures.

Statistics show that one in two women of age 40 and older usually suffer an osteoporosis-related fracture in their lifetime. Fortunately osteoporosis can be prevented or treated. Therapies for treating osteoporosis, such as hormone replacement therapy (estrogen or combination estrogen-progestins), inhibit bone resorption.

Recent reports support the notion that certain bioactive constituents, e.g., phytoestrogens, in plants play a role in maintaining or improving skeletal health. Phytoestrogens, also called "dietary estrogens", are a diverse group of naturally occurring nonsteroidal plant compounds that have the ability to cause estrogenic effects because of their structural similarity with estradiol (17- $\beta$ -estradiol).

**Calcium Plus Tablets from Sami Direct has various beneficial effects from natural sources such as Soya & Red Clover and is capable of addressing bone degeneration in women.**

**Each Tablet contains:**

Ingredient	Quantity per Tablet
Calcium Citrate Malate (Provides 102.5 mg of calcium)	500 mg
Red Clover Flower Extract	125 mg
Soya Extract (Glycine max seed extract) (Provides 30 mg of isoflavones)	75 mg

Disclaimer: These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose treat, cure or prevent any disease.