

# An Increasing Number of Patients Suffering from Urinary Disorders Use Turmeric

Portland, OR -- (ReleaseWire) -- 01/02/2015 -- Urinary disorders are characterized by conditions that affect the functioning of the kidneys, urinary bladder, or ureters. There are a wide variety of treatment options for urinary disorders, but many sufferers are now turning to turmeric as a natural alternative.

An increasing number of patients suffering from urinary disorders are using turmeric to combat their conditions. Turmeric contains an active ingredient known as curcumin that is believed to be the source of its powerful medicinal value. The ingredient is popular among natural health enthusiasts who believe it has healing properties that include anti-inflammatory, antioxidant and anti-carcinogenic effects.

According to studies, the strong antibacterial action of curcumin can potentially aid in the treatment of urinary tract infections by eliminating the bacteria that causes the disease. It is also believed that the antioxidant properties in curcumin could possibly boost the immune system activity and speed up the healing process in the urinary tract.

The University of Maryland Medical Center stated that turmeric is often use as a naturopathic remedy for digestive problems and inflammation. The natural ingredient is also believed to be effective in killing bacteria and viruses. Other studies have also been conducted to test the extent of benefits that the spice can offer to individuals suffering from other types of urinary disorders.

"The studies and research surrounding turmeric has encouraged an increasing number of people to make use of the natural alternative. Turmeric is widely available nowadays, and it comes in various forms such as a powder, tea or capsule," said VitaBreeze Supplements spokesperson, Michelle O'Sullivan.

Curcumin supplements are widely popular among arthritis sufferers mainly because it is believed to have the capacity to provide joint pain relief. There are those who testified that they have experienced significant improvements in their mobility while after using curcumin supplements.

More studies are still being conducted to validate the efficacy of turmeric in patients suffering from urinary tract infections. However, many consumers are already convinced that turmeric has helped them regain their health and reduce their risk of certain medical conditions including urinary disorders.

Experts suggest that those who want to use turmeric should choose a supplement that contains BioPerine. This black pepper extract is believed to be effective in increasing curcumin absorption in the body

<http://www.amazon.com/Turmeric-Curcumin-Complex-BioPerine-Bio-availability/dp/B00JA4TLTI/?ie=UTF8&m=A3OG9DHZ3GI580&keywords=turmeric>